

# The Weekly Bulletin – Sunday, August 25, 2019

First Unitarian Universalist Congregation of Ann Arbor, Michigan

# Worship August 25 | 10:00am Principles of Unitarian Universalism | Fear and Exhileration

On the Chancel | Rev. Cassandra Hartley, Rev. Manish Mishra-Marzetti, Dr. Glen Thomas Rideout, Rev. Lindasusan Ulrich

### Grocery/Scrip Card Today, Social Hour, Scrip Table

While the "back to school" specials may be over at ShopwithScrip.com, now is a great time to stock up on scrip cards as many stores are just ramping up their sales. Meijer (3%) is always good for groceries, clothing, automotive, what's not to like? There are over 600 more retailers to choose from such as TJMaxx (7%), HomeGoods, Marshalls, and Sierra Trading Post! Stop by the Scrip Table for more information or to place an order. Questions? Contact Carolyn at cmbarber@umich.edu.

### Men's Retreat Registration Today, Social Hour, Men's Retreat Table

Join us for the 20th anniversary retreat, Friday-Sunday, September 20-22, at the Judson-Collins Center in the Irish Hills. Our theme is "Resilience." Enjoy friendship, fun, intellectual and spiritual discourse, humor, and physical activities. We offer half-price rates for first-time attendees, and scholarships are available. Register at the Men's Retreat Table during Social Hour or online at <a href="mailto:uuaa.org/mensretreat">uuaa.org/mensretreat</a>. Questions? Email <a href="mensretreat@uuaa.org">mensretreat@uuaa.org</a> or call Bob at 734-674-7452.

### **Mindful Eating**

# Today, Social Hour, Mindful Eating Table Seasonal produce exchange continues at our table during Social Hour. Gardeners, bring any extra produce you have to share. All are invited to come and take

you have to share. All are invited to come and take home what's on the table. Stop by to learn what we're about and what interesting programs we have scheduled for Fall. Questions? Contact Merrill at crockettmerrill@aol.com.

# **UUSC Coffee Project**

### Today, UUSC Coffee Table, Social Hour

Back to school healthy snacks are here! It's time to stock up on dried fruits and nuts to pack in lunches! Support small farm cooperatives globally while helping to fundraise for UUSC social justice programs, and this congregation. Come to our table during Social Hour following the second service to choose from fair trade chocolates, coffee, teas, nuts, dried fruits, and Palestinian olive oils. Questions? Contact Ilene Beninson at <a href="mailto:ilene.beninson@gmail.com">ilene.beninson@gmail.com</a>.

# Refusing To Be Enemies Viewing and Q&A Today, Fahs Chapel, 11:45am-1:30pm

The Unity Group "C3 Series" (Curiosity, Conversation, Covenant), begins a Fall theme of "Talking Across the Divide" forums. Join us for the documentary, *Refusing to Be Enemies*. The film documents the journey of personal transformation for a group of Arab and Jewish women (Zeitouna), offering living proof of a pathway to peace. The filmmaker and another member of Zeitouna

will introduce the film and hold a brief Q&A after the 56-minute documentary. This event is co-sponsored by UUJME.

## Wednesday Morning Readers Wednesday, August 28, 10:00am-noon

We will be discussing former Gourmet editor and NY Times restaurant critic, Ruth Reichl's memoir, *Tender at the Bone*. Sally Mitani, restaurant critic for the Ann Arbor Observer (1987-1993), will be joining us to share her experience reviewing restaurants. A Q&A will follow. After the meeting, join us at Quarter Bistro for lunch. To RSVP to the lunch or get your questions answered, email Liz at <a href="mailto:lizzyt48176@gmail.com">lizzyt48176@gmail.com</a>.

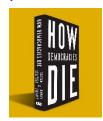
# Memory Loss Caregiver Support Group Wednesday, September 4, 3:00pm-4:30pm

If you are a caregiver who would like some support, join us. We will meet in the David Room. All are welcome. Questions? Call Meredith Ley at 734-717-0213.

# Banished: Ethnic Cleansing of Blacks in America Friday, September 6, 7:00pm—9:00pm

Join Mindful Eating and Challenging Racism in viewing and discussion of the documentary: Banished: Ethnic Cleansing of Blacks in America. Banished explores a time "when thousands of African Americans were driven from their homes and communities by violent, racist mobs. The film places these events in the context of present day race relations by following three concrete cases where black and white citizens warily explore if there is common ground for reconciliation over these expulsions." Questions? Email Cathy at cathymuha@sbcglobal.net.

QUUest Bookstore recommends a stiff drink before



digging into How Democracies Die by Steven Levitsky and Daniel Zieblatt. "Levitsky and Zieblatt are not entirely pessimistic...but they leave readers in no doubt that they should be worried about the state of American democracy." Slate And Kirkus Review

finds the book "chilling...a provocative analysis of the parallels between Donald Trump's ascent and the fall of other democracies." Please note QUUest Bookstore will be closed on Sunday, September 1, 2019, so our booksellers can all enjoy the full Labor Day weekend. We will reopen between services on September 8.

#### **Adult Our Whole Lives (OWL)**

# First Class Sunday, September 15, 1:00pm-3:30pm

Adult OWL explores sexuality issues for adults of all ages, using values, communication skills, and spirituality as starting points. Through this program, participants will build understanding of healthy sexual relationships, accept and affirm their own sexuality throughout their lives, have the opportunity to ask honest questions, engage in activities to help clarify personal values and improve decision-making skills, and work together to build a safe and supportive peer group for all participants. Register online at <a href="https://www.uuaa.org/sgd/adults">www.uuaa.org/sgd/adults</a>. Questions? Contact Craig VanKempen at <a href="mailto:craigvk@gmail.com">craigvk@gmail.com</a>.

#### **Chalice Bells**

The handbell choir welcomes new players each Fall. If you can read music, have a reasonably good sense of rhythm, and have Sunday evenings free to rehearse, the Chalice Bells is the place for you. We begin rehearsing at the end of September. To learn more, contact theresa rohlck by September 1 at <a href="mailto:theresa@uuaa.org">theresa@uuaa.org</a>.

#### **Forums Advancement Ministry Seeks New Members**

UUAA Forums Advancement Ministry (FAM) provides an ongoing series of forums that seek to expand our understanding of the world around us. A forum generally includes topical content (could be presentation, panel discussion, or film) followed by moderated Q&A and discussion. Several forums are scheduled the Fall, with room for more. If you are interested in producing such forums, please send your name and preferred email address to forums dev@uuaa.org, or speak with Laura

to <u>forums dev@uuaa.org</u>, or speak with Laura Johnstone. To receive email notices of future forums, email <u>forums@uuaa.org</u>.

### **UUAA Humanist Study Groups**

Humanism has a long history at UUAA, and a lively group of humanists has been meeting for about 20 years, gathering on the 2<sup>nd</sup> and 4<sup>th</sup> Monday evenings and/or 1<sup>st</sup> and 3<sup>rd</sup> Thursday afternoons to discuss topics relating to humanist philosophy, theology, morals, ethics, reasoning, and science. All are welcome, regardless of theology or philosophy. Our next meetings are Monday, August 26, 7:00pm-8:30pm and Thursday September 5, 2:00pm-4:00pm. Contact Hal Breidenbach at hal@breidenbach.net about the Monday group or Bruce Gibb at blgibb@aol.com about the Thursday group.

#### **New Room Reservation Requests Now Accepted**

Recognized congregational groups may now submit room reservation requests for one-time and repeating events occurring now through September 12, 2020. This means you may now submit requests that bridge the two-service to one-service seasons, although you may need to reconcile your event times with the building hour changes that occur with those service seasons. To submit a room reservation request or for more information, go to the <a href="Request-a-Room link">Request-a-Room link</a> on the bottom of the <a href="UUAA website">UUAA website</a>. The Room Team, debita graham and Jim McCargar, can be reached by emailing <a href="mailto:room@uuaa.org">room@uuaa.org</a>.

#### **UUAA Vision 20/50 Ambassadors Needed**

Are you interested in helping out with Vision 20/50? We need people to help facilitate discussions with our UUAA community around a set of visioning questions - the next step in our visioning process. Venues for these discussions include Sundays after service, home events, group meetings, and Family Fun Nights. Our goal is to engage a large percentage of the UUAA community so we can explore the kind of congregation we hope to be in the near and long term. Each ambassador will facilitate two to four sessions, September through December. Training will be provided. Questions? Email Beth Hospadaruk at <a href="mailto:beth.hospadaruk@gmail.com">beth.hospadaruk@gmail.com</a>.

#### **Register for the Womyn's Retreat**

Attend this fabulous community building event September 27-29 at Camp Copneconic. The theme is "Storyteller Within...." You'll enjoy nearly a dozen workshops, outdoor activities, delicious food, music, Women's Wares sale, and more. If you want a fun and easy way to get to know other women at UUAA, don't miss this retreat. Reduced fee for ages 15-25! Questions? Email Roen Montalva at womensretreat@uuaa.org or call Judi at 734-352-7285.

#### **Registration for Fall Children & Youth SGD Classes**

SGD families, get a jump on registration for the 2019-2020 program year! Registering now helps us get working on class lists and sizes. Register by using <a href="this link">this link</a>. To see which classes are being offered this year, or to get more information about our program, visit <a href="https://www.uuaa.org/sgd">www.uuaa.org/sgd</a>.

#### **Sharing the Collection**

#### **Religious Action for Affordable Housing**

Thank you for your generosity in supporting Religious Action for Affordable Housing (RAAH). Collectively we contributed \$1,583 toward the good work of RAAH. To learn about more ways to contribute, visit them online at <a href="www.raah.org">www.raah.org</a>. On September 8, we will be sharing the collection with <a href="www.washtenaw.literacy">Washtenaw.literacy</a>. Questions? Contact Bob Dinan at <a href="mailto:bdinan83@gmail.com">bdinan83@gmail.com</a> or visit <a href="mailto:uuaa.org/sharingthecollection">uuaa.org/sharingthecollection</a>.

# Weekly Bulletin Deadline Wednesdays at 5:00pm

Submissions of 90 words or fewer should be submitted in Word format and sent to <a href="mailto:bulletin@uuaa.org">bulletin@uuaa.org</a>.

Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at <a href="mailto:hannah@uuaa.org">hannah@uuaa.org</a>.

### October Newsletter Deadline Saturday, September 21 at 9:00am

Submissions of 300 words or fewer should be submitted as an attachment in Word format and sent to <a href="mailto:newsletter@uuaa.org">newsletter@uuaa.org</a>. Questions? Contact Welcome Ministries at <a href="mailto:hannah@uuaa.org">hannah@uuaa.org</a>.

Building Hours Labor Day Weekend
Saturday, August 31 | Closed
Sunday, September 1 | 9:00am-1:00pm
Monday, September 2 | Closed



All are invited to Social Hour after each service. We ask that congregants refrain from bringing food or drink into the Sanctuary. Thank you.