



The Weekly Bulletin | February 2, 2020

First Unitarian Universalist Congregation of Ann Arbor, Michigan

February 2, 2020

Worship Services | 9:30am & 11:30

Everyday Resilience

Are the stories we're telling ourselves helpful? Do we make as much space for self-compassion as self-criticism? Dealing with the stuff which wears at health and hope; discerning the practices which build us back to life.

On the Chancel | Rev. Manish Mishra-Marzetti, Dr. Glen Thomas Rideout, Allison Halerz

Peace Neighborhood Center

Today, Social Hour, Sharing the Collection Table

This week's collection will go to Peace Neighborhood Center, a multi-service agency with programs assisting children, adults, and families from low-income backgrounds. Funds from UUAA will go toward their youth services. Stop by during Social Hour or visit [online](#). Questions? Email Jan Duncan at janetdunc@gmail.com.

Alpha House Host Week Signup

Today, Main Doors, Alpha House Table

Our Alpha House Host Week is February 3-9. Alpha House is a shelter for families experiencing homelessness. UUAA needs 100 volunteers for our service week and up to \$400 to cover supplies. Sign up on line at <http://tinyurl.com/AHFeb20> or sign up and/or donate money during Social Hour. Questions? Email alphahouse@uuaa.org.

One-Time Chalice Circle Signup

Today, Social Hour, Chalice Circle Table

Sign up for a one-time Chalice Circle offered on Sunday, February 23 from 1:15pm–3:00pm. Chalice Circles are small discussion groups where participants practice deep listening and make connections through sharing experiences, thoughts, and feelings. We will be exploring the topic of "Resilience." Stop by during Social Hour to learn more and register, or register via email at chalicecircles@uuaa.org.

Grocery/Scrip

Today, Social Hour, Grocery/Scrip Table

Scrip is a way to pay for everyday purchases using gift cards. UUAA purchases the cards at a reduced price, you pay (and receive) the face value. Stop by the Scrip Table for more information about the 700+ retailers or to make a purchase. Questions? Email cbarber@umich.edu.

Habitat for Humanity's 2020 Women Build

Today, Social Hour, Habitat for Humanity Table

We are assembling a team to contribute (wo)man power for Habitat's annual Women Build. This project is by women for women. Each year a house is renovated for a woman-led local family in need and lifted up by the work of local women. Stop by our table for more details. No construction experience is necessary! Questions? Email habitat@uuaa.org.

UUSC Coffee Project

Today, Social Hour, Fair Trade Coffee Table

It is February, and Valentine's Day is coming. Get fair trade chocolates, coffee, teas, nuts, dried fruit, or olive oil for your valentine. Support small farm cooperatives globally while helping to fundraise for UUSC social justice programs and this congregation. Questions? Contact Ilene Beninson at ilene.beninson@gmail.com.

Explore Alternative Grains

Today, Social Hour, Mindful Eating Tasting Table

You've heard of quinoa, barley, buckwheat... but have you heard of teff, farro, or kamut? There are so many alternative grains to wheat that are tastier and better for you. Stop by and taste some! Questions? Email cathymuha@sbcglobal.net.

Khasi Hills Presentation & Lunch

Today, 1:00pm–2:45pm, Fahs Chapel

In India, the school year begins in February. Join the Khasi Hills Committee to kick off the school year. Learn about the Unitarian school in NE India and life in the Khasi Hills. Enjoy tasty food and a movie featuring students from the Unitarian Lower Primary school where UUAA members sponsored 108 students last year. Consider enrolling in the Sponsor-a-Student program for 2020. Questions? Contact Allen Duncan or Cathy Doherty at KhasiHills@uuaa.org.

Resolution Process Q & A

Today, 1:00pm–3:00pm, Jackson Chapel

The Board of Trustees and the Governance Advisory Team will host a Q&A about a new document that will give UUAA groups guidance on how to bring a resolution to the congregation for a vote. It also gives the Board guidance on evaluating and overseeing the resolution process. To review the resolution document, click on the following link "[Guide for Bringing a Resolution to a Vote by the First Unitarian Universalist Congregation of Ann Arbor](#)". We hope this is a fair, consistent, thoughtful process! Your feedback is welcome. Questions? Email the Board at BOT@uuaa.org.

Memory Loss Caregiver Support Group

Wednesday, February 5, 3:00pm–4:30pm

If you are a caregiver who would like some support, join us. We will meet in the David Room. All are welcome. Questions? Call Meredith Ley at 734-717-0213.

UUAA Humanist Study Groups

Thursdays, February 6 & 20, 2:00pm–4:00pm

Mondays, February 10 & 24, 7:00pm–8:30pm

A lively group of humanists has been meeting for over 20 years at UUAA, gathering on the 2nd and 4th Mondays and/or 1st and 3rd Thursdays to discuss topics relating to humanist philosophy, theology, morals, ethics, reasoning, science, and more. All are welcome. Questions about Thursdays? Contact Bruce Gibb at blgibb@aol.com. Questions about Mondays? Contact Hal Breidenbach at hal@breidenbach.net

Friday Fun Night—Journeys of Love

Friday, February 7, 6:00pm–9:00pm

All are welcome to a chili dinner followed by card or heart making. Join Rev. Manish for a viewing and discussion of *The Hundred Foot Journey*, (starting at 6:30pm), or check out our kids' movie, *Homeward Bound*. Play a board game with us, including a demonstration/tutorial of Ticket to Ride – First Journeys, (ages 6+). Suggested donation \$5 per person or \$20 per family. Questions? Email FridayFunNight@uuaa.org.

Film & Discussion | *The Hundred Foot Journey*

Friday, February 7, 6:30pm–9:00pm

Join Rev. Manish as he leads us in a screening and discussion of Director Lasse Halstrom's film *The Hundred Foot Journey* (2014, rated PG). Set in France, this movie explores the theme of antagonism towards immigrants as well as the possibility of cross-cultural bridge building, with food/cuisine as one of this story's defining elements. Due to this movie's length, it will commence promptly at 6:30pm.

Denominational Connections Team

Sunday, February 9, 1:00pm–3:00pm

Join the Denominational Connections Team in Jackson Chapel to view last year's General Assembly Sunday worship service. Learn about General Assembly (GA) What's it about? Where and when is it this year? How can I become a voting delegate? Questions? Email jdkaunclean@comcast.net.

Socially Responsible Investing (SRI)

Sunday, February 9, 1:00pm–2:15pm

Are you investing in faceless corporations that are possibly doing things with your money that don't align with your values? Join us in Fahs Chapel for a presentation by Angela Barbash, Chartered SRI Counselor. Angela will cover trends in Socially Responsible Investing, breaking down some of the basic terminology, and sharing website and video resource links. Questions? Contact Cathy Muha at cathymuha@sbcglobal.net.

North AAUU Meeting

Tuesday, February 11, 7:00pm

Join the North AAUU Group at Bob Reed's in the Meadows, Glacier Hills, 4001 Glacier Hills Dr. Tell of a place that was meaningful to you and why. Questions? Email Al LaRose at albertlarose@att.net.

Accessibility and Inclusion Ministry (AIM)

Wednesday, February 12, 6:30pm–8:00pm.

Would you like to check out an AIM meeting but aren't mobile or don't like to drive at night? We have transportation to pick you up and take you home. You can also participate without leaving your home if you have a laptop or desktop computer. Contact Monica Cochran, and she will help you set up Zoom. Questions? Email monica@learningwithoutborders.com or contact AIM at aim@uuua.org.

Trans Inclusion in Congregations 3-Session Workshop

February, 15, 29, & March 28, 10:00am–1:30pm

Welcome Ministries and Interweave invite you to a three-session workshop designed by the [Transforming Hearts Collective](#). This workshop features online presentations followed by discussion, focusing on gender roles and the experiences of transgender people. If you are interested in digging deep and expanding welcoming practices in UU congregations, [register here](#) or email hannah@uuua.org.

Join a New Womyn's Circle–Meet Up

Saturday, February 15, 11:00am–1:00pm

All UUAA Womyn interested in joining/forming a new Womyn's Circle are invited to a Meet & Greet at UUAA. Womyn throughout history have gathered in circles to empower each other and share wisdom and support. Some Womyn's Circles at UUAA have been together for more than 20 years! This gathering will provide information about Circles and offer help in starting a new group. Questions? Contact Pat Kuessner at pkuessner07@comcast.net.

Introduction to Our Faith

Saturday, February 15, 10:00am–2:30pm

This class is an introduction to Unitarian Universalism for newcomers and a prerequisite for congregants ready to sign the membership book. Learn about UU history, how to get involved, finding your calling, and the responsibilities of membership. [Register online](#) or by filling out a form found on the Involvement Table or in the Newcomer Welcome Room during Social Hour. Registration deadline is Sunday, February 9. Questions? Email Hannah Hotchkiss at hannah@uuua.org.

Restorative Justice and Jackson Social Welfare Fund

Sunday, February 16, 1:00pm–2:15pm

Restorative Justice advocates for alternatives to incarceration and helps those incarcerated heal. Jackson Social Welfare Fund has supported many of the community programs that promote restorative justice practices including the American [Friends Service Committee Michigan Criminal Justice](#)

[Program](#). Join us in Fahs Chapel as we learn from Demetrius Titus, Program Associate, and Natalie Holbrook, Executive Director of AFSC about the Good Neighbor Project. This program pairs up community participants with those incarcerated serving life or long indeterminate sentences in a co-mentoring relationship. Questions? Email Carolyn Madden at cgmadden@gmail.com.

Community of Writers

Sunday, February 16, 1:00pm–2:30pm

You are invited to bring a writing to read. We will continue sharing our personal writing goals for the new year. If someone has not begun a new writing, another piece can be read to the group. As time allows, group activities suggested by members also will be discussed. If you're interested in leading the March meeting, please volunteer at the February meeting. Questions? Contact Mary Lund, mlund@mi.rr.com

Womyn's Sisterhood Social

Friday, February 21, 6:00pm–9:00pm

If you've never been to a Sisterhood Social, this is the perfect time to give it a try! Sisterhood Socials are casual events on the third Friday of each month that provide a warm and welcoming opportunity to get to know more women at UUAA. Please bring food to share for potluck dinner. This social will be held at 1149 Lester Ave., Ypsilanti. RSVP to hostess Lorrie Carbone at 734-883-0072 or lorrie.carbone@gmail.com.

TrUU Hope (LGBTQIA+ Youth) Events at UUAA in February

Join us for Crafts & Covenants on Sunday, February 2, 1:00pm–3:00pm in the Kemnitz Room. We will establish a group covenant and hold an open craft time, including, but not limited to Valentines. Join us for Movie Night, Friday, February 21, 6:00pm–9:00pm for a viewing of *But I'm A Cheerleader*. Siblings, friends, and allies are welcome to the movie. Questions? Email hollyferrise@gmail.com.

2020 Womyn's Retreat–Workshop Proposal Deadline

Saturday, March 7, 2020

The UUAA Womyn's Retreat is a collaborative effort of wonderful volunteers. The committee is now calling for the next wave of volunteers – potential workshop presenters – to submit proposals for 90-minute workshops that fit within the theme "Self Compassion: Discovering Joy." All proposals will be reviewed by the full committee. Submitting a proposal does not guarantee that your session will be selected. Send your proposal(s) of approximately 300 words by March 7 to Retreat Co-Chair Michele Zmich at zmich@umich.edu.

Jackson Social Welfare Fund

The Jackson Social Welfare Fund (JSWF) Committee awards grants yearly to projects advancing the First Amendment to the Constitution and promoting reason and understanding to peacefully solve conflicts. The 2020 Request for Proposals is available on the UUAA website or by contacting co-chairs Kyla Boyse and Chris Pellar-Kosbar at JSWF@uuua.org. If you have questions, please email JSWF@uuua.org. Proposals are due by 5:00pm, Monday, March 23, 2020. We expect to award \$30,500 in grants this year, and will notify recipients of award decisions by the end of May.

Weekly Bulletin Deadline

Wednesdays at 5:00pm

Submissions of 90 words or fewer should be submitted in Word format and sent to bulletin@uuua.org. Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at hannah@uuua.org.

February Building Closure

Monday, February 17

In observance of Presidents' Day, UUAA will be closed.