



First Unitarian Universalist CONGREGATION OF ANN ARBOR

This Week at UUAA February 10 - 16, 2022

If you are unable to view this entire email, scroll down to the bottom and click "view entire message." The email ends with a "contact us" button and our address.

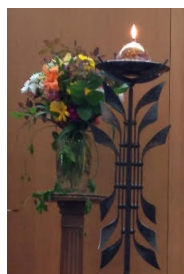
The *Weekly News* is distributed each Thursday. Deadlines for submissions are Tuesdays at 5:00pm.

The deadline for the next *Weekly News February 10 - 16* is Tuesday, February 8 at 5:00pm Eastern [through this form](#).

The deadline for the *March Monthly News* is Monday, February 21 at 5pm Eastern [through this form](#).

Questions? [Watch this video](#) on how to submit to the *Weekly News*, or email Hannah at communications@uuaa.org.

[Support the ministries of UUAA: Make an online offering](#)



Sunday Worship

"What's Your/Our Love Story?"

Sunday, February 13, 9:30am and 11:30am

As we gather this Valentine's Day weekend, we will reflect on the nature of love, touching on its beauty and value in interpersonal relationships as well as collectively, in community. Join us this Sunday, as we hold UUAA's commitment to the spirit of love as one of our community's dearest values.

Need more worship in your life? Watch past services, music, and stories by going to [our archive](#).

After the Sunday Service

There will be a limited number of tables set up in the Social Hall for social justice and fund-raising activities after both services. Stop by to visit the tables to see what is being offered.

Grab-and-go doughnuts will be available at the main entrance for you to take with you as you leave the building.

Please note our Covid Safety Policies: *Anyone entering the UUAA building for activities/business is expected to be fully vaccinated and boosted, as eligible, and must remain properly masked at all times.* [A video of our updated policy is available here.](#)

*Exception to the mask requirement: Members of the worship team who are actively speaking may remove their masks. All unmasked speakers on the chancel have tested negative in the preceding 24 hours.

Register Now for This Special Upcoming Event!



Mark Nepo Workshop: "Pain, Fear, and Things As They Are"

Saturday, February 19, 1:00pm - 5:00pm

Join us for a workshop given by best-selling *New York Times* author, philosopher, poet, storyteller, and spiritual teacher, Mark Nepo! This workshop aims to uncover and personalize pathways that allow each of us to right-size our own pain and fear, so that we are not crippled by it or drowning in it, but rather living with it and still moving forward—fully present in what life is offering us now. Registration is required.

[For details and to register, click here.](#) Mark will also be with us leading Sunday morning services on February 20, with "Heartwork: Being a Spirit in the World."

Announcements & Upcoming Events

[For a full list of events, visit the UUAA Calendar.](#)



Sharing the Collection

It is not too late to donate if you missed last week's Sharing the Collection. The first Sunday of every month UUAA shares the collection with a worthy organization. In

February we will share the collection with Michigan UU Social Justice Network (**MUUSJN**), a UU action organization whose vision is "Michigan faith communities connected and empowered to create a more just and caring world."

You can **donate online** by scrolling to Share Collection - MUUSJN or send a check to UAAA, Attention: Ed Lynn, 4001 Ann Arbor Saline Rd., Ann Arbor, MI 48103. Please write Sharing the Collection/MUUSJN in the memo line.

Questions? Please contact Jan Duncan at janetdunc@gmail.com.



Mindful Aging

Saturday, February 12, 1:00pm - 2:30 pm

You are welcome to join other UUs to talk about aging-in-place topics. We will discuss our own experiences and the UM Healthy Aging series. Find January's **recorded topics here**. Even if you have not heard the UM Healthy Aging series, you are encouraged to join. For questions and for the Zoom link, email sbreck@umich.edu.



Chalice Circles

Forming Now for a Six-Session Series

Register by Sunday, February 13

Chalice Circles are facilitated gatherings where members explore topics through readings, share experiences and reflections, and practice deep listening. They are a great way to build new relationships in a deep and meaningful way. Chalice Circles this winter will meet for six sessions on Zoom, starting in mid-February.

Choose from one of three times:

- Wednesdays, 1:00pm - 3:00pm
- Wednesdays, 7:00pm - 9:00pm
- Thursdays, 4:00pm - 6:00pm

Register by February 13 **using this link**.

Questions? Email Nicki at chalicecircles@uuaa.org.

Humanist Discussions

Monday, February 14, 7:00pm - 9:00pm

Thursday, February 17, 2:00pm - 4:00pm



Thursday's Topic: "Boris Johnson Has Finally Gone Too Far," "One Group of Americans Most Likely to Spread Fake News," and "Is Paganism Replacing Christianity?"

Monday's Topic: "Minimizing Pain, Maximizing Joy"

Lively groups of Humanists have been meeting for over 20 years at UAAA, gathering on the second and fourth Monday evenings and/or first and third Thursday afternoons to discuss topics relating to Humanist philosophy, theology, morals, ethics, reasoning, science, and more. All are welcome. All meetings are still virtual. To get on our email list, get the login information, or get answers to any other questions, send a query to humanistgroupinfo@uaaa.org.



Community of Writers

Sunday, February 20, 1:00pm - 3:00pm

Member Barbara Britton offers the February prompt for UAAA writers, "What lives have you lived? Would your various selves enjoy each other?" Barbara's inspiration comes from Chuck Lorre, who wrote, "Maybe the real question isn't whether we live only once. Maybe we should be wondering how many times we die and become something else. Something new."

You are invited to ponder these questions and join the writers at their February Zoom meeting. For more information and Zoom link, contact Sandy Kunkle at sandykukle@gmail.com or Anne Ramsey at anneramsey2910@comcast.net.



Khasi Hills Student Sponsorship Kickoff via Zoom

Sunday, February 20, 2:00pm - 3:30pm

Join us on Zoom to hear what's happening at the elementary school in the rolling Khasi Hills of northeast India, where UAAA members have sponsored about 100 students each year for many years.

Learn what a difference a \$50 sponsorship can make. Join us to sign up to become a sponsor, to renew your sponsorship, or just to discover more about the lives of students who call us at UAAA "the Big Hearts."

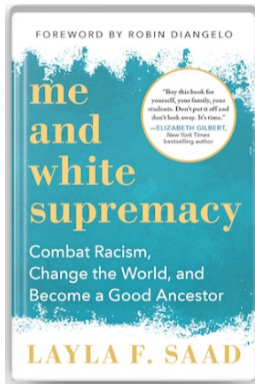
Email khasihills@uaaa.org to receive the Zoom link for this event.

Kaleidoscope's Queer Online Speed Friending

Sunday, February 20, 7:00pm



UUAA Kaleidoscope invites you to join us for a virtual "Speed Friending" event. Queer love can be expansive and take many shapes, blurring the lines between familial, romantic, community, and platonic love. We'll socialize in small groups, meet new people, and hopefully form new friendships. Anyone is welcome to join us for this event, not just those who identify as LGBTQIA+. Please visit our [Facebook event](#) for more information.



Me and White Supremacy Book Circle

Wednesdays, February 23 - March 23,

7:00pm - 8:30pm

See Morning Group Option Below

The Racial Justice Arc warmly invites you to participate in a small-group reading and discussion of *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor* by Layla F. Saad. The book and associated journal prompts teach readers to understand their white privilege and their participation in white supremacy. The author suggests, "Create the change the world needs by creating change within yourself."

The book group will take place via Zoom starting on Wednesday, February 23 from 7:00pm to 8:30pm with co-facilitators Sally Preston and Bob Dinan. It will run on Wednesdays at 7:00pm weekly for five weeks, ending on March 23. [Sign up for the Book Circle here.](#)

Morning Group: The Racial Justice Arc is excited to be opening a second Book Circle discussing this book, meeting *Wednesdays, March 2, 10:00am - 11:30am, and running five weeks to March 30.* [Sign up here.](#)

With Black History Month coming in February, this is a great time to commit/recommit to personal growth, reflection, and anti-racism work. UUA President Susan Frederick-Gray penned a [great article](#) on this recently.

Questions? Reach out to RacialJusticeArc@uuaa.org.



"Invisible Wounds: Healing Moral Injuries"

Sundays, February 27, March 27, & April 24

7:00pm-8:30pm

Join us for this three-session series via Zoom, where we will learn from the experiences of military vets and explore how trauma and moral injury impact our

lives and some paths towards healing.

February 27: Leroy, an Iraq War veteran, and Yaroub, an Iraqi immigrant and designer, speak about healing from their respective traumas and their project of building the first mudhif (a traditional structure for community ceremonies and gatherings) outside Iraq.

March 27: Siren, a Global War on Terror veteran and a spoken word poet who has used creativity, art, and poetry as a way to work with and heal from trauma, will speak about their experience seeking healing since being home.

April 24: Rev. AJ van Tine, assistant minister of First Unitarian Church of Rochester, and Rev. Jared Dilley of the Michigan National Guard will facilitate a conversation reflecting on the content of the first two sessions, exploring how individuals and communities can support those who have suffered deep trauma and moral injury.

Register for this event using [this link](#). If you have any questions, please contact Rev. AJ van Tine at revaj@rochesterunitarian.org.



Introduction to Our Faith

Wednesdays, March 9 & 16, 7:00pm - 9:00pm

Register by Thursday, March 3

This two-session Zoom class launches you on your way toward membership and a deeper understanding of this congregation and faith. We will share our spiritual journeys, cover the history of Unitarian Universalism and this congregation, explore your calling and how to get involved, and discuss the meaning and responsibilities of membership. This class is a prerequisite to official membership. **Registration by March 3 is required**. Questions? Email Welcome Ministries Coordinator Hannah Hotchkiss at Hannah@uuaa.org.



Call for Donations of Gently Used Furniture and Decor for the Harper Room

Now that our upper-level childcare renter has moved back to their renovated facility, we need to rebuild the Harper Room and the Potter Nursery.

First up is the Harper Room. YRUU is seeking the following items: blankets, fairy/holiday light strings, Pride flags, bookshelves, books (we are going to make a little lending library and anyone is welcome to use it), big floor pillows, small Bluetooth speaker, lightweight furniture in good condition (couches, comfy chairs, beanbag chairs, side tables, etc.).

[YRUU Harper Room Donations Form](#)

In order to ensure an efficient process, please indicate what items you have and upload photos of the items so that YRUU can choose which pieces are the best fit for their needs.

Questions? Please email stella@uuaa.org.



Green Corner: Overwhelmed by Climate Change?

Take Action! The best way to alleviate climate anxiety is to DO something. Whether your action is big or small, it can help mitigate the problem, and you'll be part of the solution.

Decide on an Action: Make a commitment to contact your representatives once a week to tell them you are concerned about climate change. Ask them for bold legislation to reduce greenhouse gasses (GHG) and to develop renewable clean energy.

If not you, then who? If not now, then when?



Fair Trade Equal Exchange Sales in Social Hall

Sundays After Both Services

It's February and Valentine's Day is coming! Are you ready? Support small farm cooperatives globally while helping to fundraise for UUSC social justice programs and this congregation. Choose from fair trade chocolates, coffee, teas, nuts, dried fruits, and Palestinian olive oils. Note Equal Exchange is raising prices, and we will need to do the same soon! Questions? Contact Ilene Beninson at ilene.beninson@gmail.com.



Afghan Resettlement Support

UUAU Immigration Action Coalition is working with Jewish Family Services (JFS) to co-sponsor a displaced Afghan individual or family and resettle them here in our community. UUAU volunteers will support them by helping find housing, healthcare, employment, education resources, transportation, etc. and by partially financing their living expenses for some time. Join in welcoming and supporting the family.

Sign up to [volunteer here](#).

Donate on Realm with the Afghan Resettlement Fund tab [here](#).



We Need You

As we transition to a much smaller staff team, we need some extra help. Would you consider helping in one of the following areas:

Sunday Building Attendant (12:30pm - 2:00pm on select Sundays) - Help with light tasks as needed and then lock up the building. [Sign up here.](#)

Livestream Chat Hosts (one hour on occasional Sundays) - Greet people and monitor the chat during online worship services. [Sign up here.](#)

Administrative Help (flexible scheduling and time commitment) - We have a wide variety of administrative jobs suited to any skill level/expertise. Send your interests and availability to Rev. Cassandra at cassandra@uuaa.org.

Links

[Reserve a Zoom room](#) | [View past services](#)

[Log in to Realm](#) | [Make your pledge](#)



[UUA.org](#) | [MidAmericaUUA.org](#)

[Side with Love](#) | [UUCSJ](#) | [DRUUMM](#) | [BLUU](#)

Contact Us

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