



First Unitarian Universalist CONGREGATION OF ANN ARBOR

This Week at UUAA January 20 - 26, 2022

If you are unable to view this entire email, scroll down to the bottom and click "view entire message." The email ends with a "contact us" button and our address.

The *Weekly News* is distributed each Thursday. Deadlines for submissions are Tuesdays at 5:00pm.

The deadline for the next *Weekly News* January 27 - February 2 is Tuesday, January 25 at 5:00pm Eastern **through this form**.

Questions? **Watch this video** on how to submit to the *Weekly News*, or email Hannah at communications@uuaa.org.

Support the ministries of UUAA: Make an online offering



Winter Congregational Meeting on Zoom

Sunday, January 23, 10:30am - 12:00pm

UUAA's Winter Congregational Meeting will be held on January 23 at 10:30am. We will begin with an abbreviated Sunday service, instead of the regular 9:30am and 11:30am Sunday services. Registration in advance is required. To register and see the agenda, visit the homepage of our website, uuaa.org.

Question Box Service

Sunday, January 30

We will have a special question box service, where the Rev. Manish shares some of the community's spiritual questions and responds in-the-moment. You can [ask your questions here](#) up until noon on Wednesday, January 26.

Covid Safety Policy

Please note our Covid Safety Policies: *Anyone entering the UUAA building for activities/business is expected to be fully vaccinated and boosted, as eligible, and must remain properly masked at all times.* [A video of our updated policy is available here.](#)

*Exception to the mask requirement: Members of the worship team who are actively speaking may remove their masks. All unmasked speakers on the chancel have tested negative in the preceding 24 hours.

Need more worship in your life? Watch past services, music, and stories in [our website archive.](#)

Announcements & Upcoming Events
For a full list of events, [visit the UUAA Calendar.](#)



New UUAA Building Hours

As of January 10, the new UUAA building hours will be Tuesdays and Thursdays from 10:00am until 3:00pm and Sundays from 9:00am until 1:00pm (unless special arrangements are made).

Staff Restructuring FY 2022

There have been some important changes to the staff structure. Please [read more about it here](#) from Manish, Cassi, and Ed.

Special Upcoming Event at UUAA



**Best Selling *New York Times* Author
Philosopher * Poet * Spiritual Teacher**

MARK NEPO

"Once in a generation or two humanity remakes itself, such as we are right now, Such a remaking is both profound and painful. But here we are ... being asked to be fierce and tender."

WORKSHOP: PAIN, FEAR, AND THINGS AS THEY ARE

Saturday, February 19 from 1:00pm - 5:00pm

This workshop aims to uncover and personalize pathways that allow each of us to right-size our own pain and fear, so that we are not crippled by it, or drowning in it, but rather living with it and still moving forward -- fully present in what life is offering us now.

Registration & adherence to Covid protocols required: Register here: www.uuaa.org/nepoevent.

Featured at two services on Sunday HEARTWORK -- BEING A SPIRIT IN THE WORLD

Open to all, limited seating

Sunday, February 20, 9:30am & 11:30am Services

First Unitarian Universalist Congregation of Ann Arbor
4001 Ann Arbor Saline Road or via Zoom link provided through
[registration at www.uuaa.org/nepoevent](http://www.uuaa.org/nepoevent)

Literati is the participating bookseller for these events.

"Mark inspires us to figure out how to deal with the great complexities of our lives in these unique times and circumstances." Reverend Manish Mishra-Marzetti



We Need You

As we transition to a much smaller staff team, we need some extra help. Would you consider helping in one of the following areas:

Sunday Building Attendant (12:30pm - 2:00pm on select Sundays) - Help with light tasks as needed and then lock up the building. [Sign up here](#).

Livestream Chat Hosts (one hour on occasional Sundays) - Greet people and monitor the chat during online worship services. [Sign up here](#).

Administrative Help (flexible scheduling and time commitment) - We have a wide variety of administrative jobs suited to any skill level/expertise. Send your interests and availability to Rev. Cassandra at cassandra@uuaa.org.



Hosting an Afghan Family

UUAU Immigration Acton is working with Jewish Family Services to host an Afghan family. In preparation, our congregation needs to prove we have funds on hand and volunteers to provide for and support this family. Volunteers and future donors can sign up

[using this link.](#)



Redistricting—Where Are We?

The Michigan Independent Citizens Redistricting Commission finished up their work in December, and although the adopted maps have received criticism and will face lawsuits, we should all celebrate the culmination of this grass-roots effort to put district map-drawing in the hands of voters, not politicians!

Interested in learning more? Nomi Joyrich, from MUUSJN has written a [great analysis of the adopted maps](#).

Also, Bridge Michigan is sponsoring a virtual panel discussion about the citizen-drawn map on Wednesday, January 26, 12:00pm - 1:00pm. [Click here for registration information](#). For more information, email uucivs@uuaa.org.



Sharing the Collection: Interfaith Council for Peace and Justice

There is still time to donate to this month's collection for [Interfaith Council for Peace and Justice](#). The mission of Interfaith Council for Peace and Justice “centers racial and economic justice as we address the root causes of violence from oppression, poverty, environmental devastation, patriarchy, and war. We wage love and practice nonviolence in all its forms through education, community organizing, advocacy, and direct action. We unite across our differences and empower leadership in people to create the change we need for a more peaceful and just world.” [Donate through our website or by logging into Realm](#).



Humanist Discussions

Thursday, January 20, 2:00pm - 4:00pm

Monday, January 24, 7:00pm - 9:00pm

Topics for Thursday, January 20, will be chapter 7 from *The Scientific Spirit of American Humanism*, “Eugenics and the Question of Race,” as well as “How Christian nationalism drove the insurrection,” “The world’s religions face a post-pandemic reckoning,” and John McWhorter on “Woke Politics, Race, and Education.” Topics for Monday, January 24 to be determined.

UUA Humanists have been meeting regularly for over 20 years to discuss topics relating to Humanist philosophy, theology, morals, ethics, reasoning, science—the list is long and varied. All are welcome, regardless of theology or philosophy. All meetings are still virtual.

To get on our email list, get the login information, or get answers to any other questions, send a query to humanistgroupinfo@uuaa.org.



Sunday FunDay

Sunday, January 30, 12:30pm - 1:30pm

All ages are invited to join SunDay FunDay for a snack, crafts, and games. Grab some cocoa and snow-inspired treats in the courtyard outside the Social Hall. Then warm up at the craft table where we will be making nightlights to get us through the long winter. Try your hand at a snow-inspired game, and snap a photo at our photo-op booth!

Questions? Email Hannah Hotchkiss at Hannah@uuaa.org.



Memory Loss Support Group for Caregivers Zoom Meeting

Wednesday, February 2, 3:00pm - 4:30pm

If you have a friend, spouse, or partner with memory loss, you are invited to attend the support group that meets on the first Wednesday of every month from 3:00pm - 4:30 pm. This group is a partnership of the UUA Pastoral Care Team and the Alzheimer's Association. The group provides a safe and confidential space where you may ask questions and share your story.

For more information and/or the Zoom link for the February meeting, contact one of the facilitators: Joan Burleigh at joburleigh@aol.com, Sandy Kunkle at sandykunkle@gmail.com, or Meredith Ley at meredithl888@gmail.com.



UUA Fiber Arts Group

Saturday, February 5, 11:00am - 1:00pm

Wednesday, February 16, 7:00pm - 9:00pm

Come knit, crochet, embroider, or engage in some form of fiber arts together. UUA Fiber Arts Group meets on the first Saturday and third Wednesday of the month for fellowship and sharing of knowledge and ideas. If you are a beginner looking for support or an experienced crafter, all are welcome. We also have quilters that have joined us. If you would like to make comfort shawls or baby blankets for Pastoral Care, arrangements can be made to supply you with the yarn and pattern.

We meet the first Saturday of the month 11:00am - 1:00pm in person at

UUA in the Young room and the third Wednesday of the month 7:00pm - 9:00pm on Zoom.

For a Zoom link or questions, send us an email at crafters@uuaa.org



Anti-Racism/Anti-Oppression Gathering Table

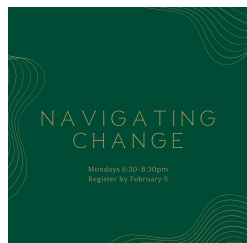
Sunday, February 6, 2:30pm - 4:00 pm

Zoom registration for the February 6 Anti-Racism/Anti-Oppression Gathering Table is now open! What better way to spend a winter's afternoon than helping to chart our collective path toward this Vision 20/50 Priority?

[Register here for the zoom link.](#)

Here is a summary of the anti-racism/anti-oppression work that 15 congregational groups are already doing. Please look it over in advance if you are able. We'll use our time together to reflect on priorities within this wide landscape of anti-racism and anti-oppression efforts and seek ways to help each other on this journey. Every voice is welcome and valued.

If you would like to serve as a discussion facilitator or note-taker, please let the organizing team know at ARAO@uuaa.org.



Navigating Change

Mondays, beginning February 7, 6:30pm - 8:30pm

Register by February 5

Major life transitions are always hard, and in this time of great upheaval in the wider world, they are even more challenging. In this class, we will gather for support and to explore the tools found in Bruce Feiler's book "[Life Is in the Transitions: Mastering Change at Any Age.](#)" Facilitated by the Rev. Cassandra Hartley.

Mondays, 6:30pm - 8:30pm on Zoom

7 sessions: February 7 & 21; March 7; April 4 & 18; May 2 & 16

Register here by February 5. Questions? Email cassandra@uuaa.org.



Singles Space

THURSDAYS 7-8:30PM

Singles Space

*Thursdays, February 10 - April 7,
7:00pm - 8:30pm*

Register by February 6

(Ages 25+) Being single comes with both great gifts and great challenges in our society. This is a space for single/unpartnered people to gather for

support and to explore spiritual practices designed with these gifts and challenges in mind. Facilitated by the Rev. Cassandra Hartley.

Thursdays, 7:00pm - 8:30pm on Zoom

8 Sessions: February 10 - April 7 (no meeting March 17)

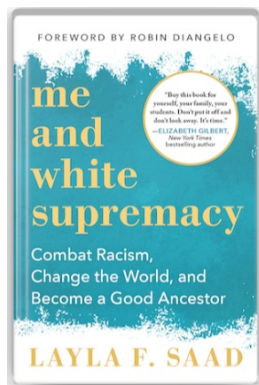
[Register here](#) by February 6. Questions? Email cassandra@uuaa.org



Mindful Aging (New)

Saturday, February 12, 1:00pm - 2:30 pm

Please [register here](#) for the UM Healthy Aging series, then join fellow congregants for a discussion of the January theme of "Aging in Place" on February 12, 1:00pm - 2:30pm on Zoom. UUA's Mindful Aging discussion will offer you a chance to hear others' experiences and share your own. Questions? Email sbreck@umich.edu.



Signup for *Me and White Supremacy* Book Circle

Wednesdays, February 23 - March 23,
7:00pm - 8:30pm

The Racial Justice Arc warmly invites you to participate in a small-group reading and discussion of *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor* by Layla F. Saad. The book and associated journal prompts teach readers to understand their white privilege and their participation in white supremacy. The author suggests, "Create the change the world needs by creating change within yourself."

The book group will take place via Zoom starting on Wednesday, February 23 from 7:00pm to 8:30pm with co-facilitators Sally Preston and Bob Dinan. It will run on Wednesdays at 7:00pm weekly for five weeks, ending on March 23.

[Sign up for the Book Circle here.](#) A weekday morning group will be forming as well; keep that in mind if this first group's timing doesn't work for you.

With Black History Month coming in February, this is a great time to commit/recommit to personal growth, reflection, and anti-racism work. UUA President Susan Frederick-Gray penned a [great article](#) on this recently.

Questions? Reach out to RacialJusticeArc@uuaa.org.

Links

[Reserve a Zoom room](#) | [View past services](#)
[Log in to Realm](#) | [Make your pledge](#)



[UUA.org](#) | [MidAmericaUUA.org](#)
[Side with Love](#) | [UUCSJ](#) | [DRUUMM](#) | [BLUU](#)



Contact Us

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