



First Unitarian Universalist CONGREGATION OF ANN ARBOR

This Week at UUAA February 3 - 9, 2022

If you are unable to view this entire email, scroll down to the bottom and click "view entire message." The email ends with a "contact us" button and our address.

The *Weekly News* is distributed each Thursday. Deadlines for submissions are Tuesdays at 5:00pm.

The deadline for the next *Weekly News* February 10 - 16 is Tuesday, February 8 at 5:00pm Eastern [through this form](#).

Questions? [Watch this video](#) on how to submit to the *Weekly News*, or email Hannah at communications@uuaa.org.

Support the ministries of UUAA: Make an online offering



Sunday Worship

Sunday, February 6, 9:30am & 11:30am

"Building the World That Includes All"

This Sunday our community gathers to reflect on its commitments to building a world free of racism and oppression. Join us as we center and ground ourselves in this intention, as we look toward the practical work that will help bring this vision alive.

Need more worship in your life? Watch past services, music, and stories by going to [our archive](#).

Sharing the Collection

Sunday, February 6



The first Sunday of every month UUAA shares the collection with a worthy organization. In February we will share the collection with Michigan UU Social Justice Network (**MUUSJN**), a UU action organization whose vision is "Michigan faith communities connected and empowered to create a more just and caring world."

You can **donate online** by scrolling to Share Collection - MUUSJN or send a check to UUAA, Attention: Ed Lynn, 4001 Ann Arbor Saline Rd., Ann Arbor, MI 48103. Please write Sharing the Collection/MUUSJN in the memo line.

Questions? Please contact Jan Duncan at janetdunc@gmail.com.

After the Sunday Service

There will be a limited number of tables set up in the Social Hall for social justice and fund-raising activities after both services. Stop by to visit the tables to see what is being offered.

Grab-and-go doughnuts will be available at the main entrance for you to take with you as you leave the building.

Please note our **Covid Safety Policies**: *Anyone entering the UUAA building for activities/business is expected to be fully vaccinated and boosted, as eligible, and must remain properly masked at all times. **A video of our updated policy is available here.***

*Exception to the mask requirement: Members of the worship team who are actively speaking may remove their masks. All unmasked speakers on the chancel have tested negative in the preceding 24 hours.



Fair Trade Equal Exchange Sales in Social Hall

Sundays After Both Services

It's February and Valentine's Day is coming! Are you ready? Support small farm cooperatives globally while helping to fundraise for UUSC social justice programs and this congregation. Choose from fair trade chocolates, coffee, teas, nuts, dried fruits, and Palestinian olive oils. Note Equal Exchange is raising prices, and we will need to do the same soon! Questions? Contact Ilene Beninson at ilene.beninson@gmail.com.

Announcements & Upcoming Events
For a full list of events, visit the UUAA Calendar.



UUAA 2021 Giving Statements Via Email

In an effort to save both paper and postage, UUAA will be emailing your UUAA 2021 Giving Statements to the email address we have on file. The subject line for the email will read "Your Giving Statement from First UU Ann Arbor." If you have any questions or need a paper copy mailed to you, please contact either debita graham at debita@uuaa.org or Ed Lynn at ed@uuaa.org.

Feb 6 Gathering Table Anti-Racism/Anti-Oppression



Register Now Anti-Racism/Anti-Oppression Gathering Table

Sunday, February 6, 2:30pm - 4:00pm

You are warmly invited to register in advance for this meeting and automatically be sent the Zoom link. [Click here.](#)

[here.](#)

This Gathering Table is an important moment for us to connect across all of the parts of our congregation, to hear each other's experiences and hopes for anti-oppression/anti-racism at UUAA, to inspire and energize each other in this work, and to gather insights to take back to our many groups at UUAA.

Our time will be spent listening to each other's input in two breakout sessions:

Session 1 will focus on our **Individual Perspectives and Actions**: what anti-racism/anti-oppression means to each of us; how we choose to get involved; and what barriers we face to getting involved.

Session 2 will focus on **Collective Action**: where we think UUAA work in anti-racism/anti-oppression (AR/AO) has been impactful; examples of effective UUAA partnerships with marginalized communities; and where we have opportunities for improvement.

Questions? Email ARAO@uuaa.org. See you there!



Mark Nepo Workshop: "Pain, Fear, and Things As They Are"

Saturday, February 19, 1:00pm - 5:00pm

Join us for a workshop given by best-selling *New York Times* author, philosopher, poet, storyteller, and spiritual teacher, Mark Nepo! This workshop aims to uncover and

personalize pathways that allow each of us to right-size our own pain and fear, so that we are not crippled by it or drowning in it, but rather living with it and still moving forward—fully present in what life is offering us now. Registration is required.

For details and to register, click here. Mark will also be with us leading Sunday morning services on February 20, with "Heartwork: Being a Spirit in the World."



Humanist Discussions

Thursday, February 3, 2:00pm - 4:00pm

Monday, February 14, 7:00pm - 9:00pm

Thursday's Topic: "Boris Johnson Has Finally Gone Too Far," "One Group of Americans Most Likely to Spread Fake News," and "Is Paganism Replacing Christianity?"

Monday's Topic: "Minimizing Pain, Maximizing Joy"

Lively groups of Humanists have been meeting for over 20 years at UUA, gathering on the second and fourth Monday evenings and/or first and third Thursday afternoons to discuss topics relating to Humanist philosophy, theology, morals, ethics, reasoning, science, and more. All are welcome. All meetings are still virtual. To get on our email list, get the login information, or get answers to any other questions, send a query to humanistgroupinfo@uuaa.org.



Chalice Circles

Forming Now for a Six-Session Series

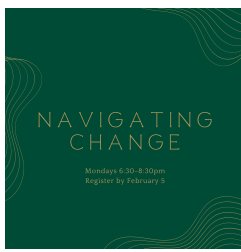
Register by Sunday, February 13

Chalice Circles are facilitated gatherings where members explore topics through readings, share experiences and reflections, and practice deep listening. They are a great way to build new relationships in a deep and meaningful way. Chalice Circles this winter will meet for six sessions on Zoom, starting in mid-February. Choose from one of three times:

- Wednesdays, 1:00pm - 3:00pm
- Wednesdays, 7:00pm - 9:00pm
- Thursdays, 4:00pm - 6:00pm

Register by February 13 [using this link](#).

Questions? Email Nicki at chalicecircles@uuaa.org.



Navigating Change

Mondays, beginning February 7, 6:30pm - 8:30pm

[Register](#) by February 5

Major life transitions are always hard, and in this time of great upheaval in the wider world, they are even more challenging. In this class, we will gather for support and to explore the tools found in Bruce Feiler's book [Life Is in the Transitions: Mastering Change at Any Age](#). Facilitated by the Rev. Cassandra Hartley.

Mondays, 6:30pm - 8:30pm on Zoom

7 sessions: February 7 & 21; March 7; April 4 & 18; May 2 & 16

[Register here](#) by February 5. Questions? Email cassandra@uuaa.org.



UUA Fiber Arts Group

Saturday, February 5, 11:00am - 1:00pm

Wednesday, February 16, 7:00pm - 9:00pm

Come knit, crochet, embroider, or engage in some form of fiber arts together. UUA Fiber Arts Group meets on the first Saturday and third Wednesday of the month for fellowship and sharing of knowledge and ideas. If you are a beginner looking for support or an experienced crafter, all are welcome. We also have quilters that have joined us. If you would like to make comfort shawls or baby blankets for Pastoral Care, arrangements can be made to supply you with the yarn and pattern.

We meet the first Saturday of the month 11:00am - 1:00pm in person at UUA in the Young Room and the third Wednesday of the month 7:00pm - 9:00pm on Zoom.

For a Zoom link or questions, send us an email at crafters@uuaa.org.



Singles Space

THURSDAYS 7-8:30PM

Singles Space

Thursdays, February 10 - April 7,

7:00pm - 8:30pm

[Register](#) by February 6

(Ages 25+) Being single comes with both great gifts and great challenges in our society. This is a space for single/unpartnered people to gather for support and to explore spiritual practices designed with these gifts and challenges in mind. Facilitated by the Rev. Cassandra Hartley.

Thursdays, 7:00pm - 8:30pm on Zoom
8 Sessions: February 10 - April 7 (no meeting March 17)

Register here by February 6. Questions? Email cassandra@uuuaa.org.



North Ann Arbor UU

Tuesday, February 8, 7:00pm - 8:30pm

UUAA North is a social group that gathers to share reflections on topics suggested by the members of the group. Our February meeting will center on the idea "What do I need to clear up or let go of to be more peaceful?" Please email

qnorthrup@gmail.com in advance to receive the Zoom link for the meeting.



UUs for Justice in the Middle East: Monthly Meeting

Tuesday, February 8, 7:30pm - 9:00pm

UUs for Justice in the Middle East (UUJME) is a denomination-wide organization with 27 chapters across the U.S. working for peace, security, and freedom for all people in Palestine/Israel. We educate our community about the history and current situation in Palestine/Israel. We advocate for the rights of Palestinians living under military occupation and discriminated against as second-class citizens in Israel and the rights of those who are refugees outside their native homeland. Our meetings are on the second Tuesday of the month at 7:30pm via Zoom. Contact Mark Jagner at mjagner@yahoo.com to obtain the Zoom meeting link.



Mindful Aging

Saturday, February 12, 1:00pm -2:30 pm

You are welcome to join other UUs to talk about aging in place topics. We will discuss our own experiences and the UM Healthy Aging series. Find January's **recorded topics here**.

For questions and for the Zoom link, email sbreck@umich.edu.

Community of Writers

Sunday, February 20, 1:00pm - 3:00pm

Member Barbara Britton offers the February prompt for



UUA writers, “What lives have you lived? Would your various selves enjoy each other?” Barbara’s inspiration comes from Chuck Lorre, who wrote, “Maybe the real question isn’t whether we live only once. Maybe we should be wondering how many times we die and become something else. Something new.”

You are invited to ponder these questions and join the writers at their February Zoom meeting. For more information and Zoom link, contact Sandy Kunkle at sandykukle@gmail.com or Anne Ramsey at anneramsey2910@comcast.net.



Khasi Hills Student Sponsorship Kickoff via Zoom

Sunday, February 20, 2:00pm - 3:30pm

Join us on Zoom to hear what’s happening at the elementary school in the rolling Khasi Hills of northeast India, where UUA members have sponsored about 100 students each year for many years.

Learn what a difference a \$50 sponsorship can make. Join us to sign up to become a sponsor, to renew your sponsorship, or just to discover more about the lives of students who call us at UUA “the Big Hearts.”

Email khasihills@uua.org to receive the Zoom link for this event.



Kaleidoscope's Queer Online Speed Friending

Sunday, February 20, 7:00pm

UUA Kaleidoscope invites you to join us for a virtual “Speed Friending” event. Queer love can be expansive and take many shapes, blurring the lines between familial, romantic, community, and platonic love. We’ll socialize in small groups, meet new people, and hopefully form new friendships. Anyone is welcome to join us for this event, not just those who identify as LGBTQIA+. Please visit our [Facebook event](#) for more information.

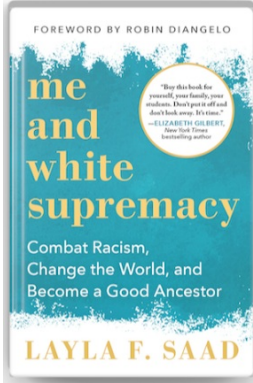
Me and White Supremacy Book Circle

Wednesdays, February 23 - March 23,

7:00pm - 8:30pm

See Morning Group Option Below

The Racial Justice Arc warmly invites you to participate in a small-group reading and discussion of *Me and White Supremacy: Combat Racism, Change the World,*



and *Become a Good Ancestor* by Layla F. Saad. The book and associated journal prompts teach readers to understand their white privilege and their participation in white supremacy. The author suggests, "Create the change the world needs by creating change within yourself."

The book group will take place via Zoom starting on Wednesday, February 23 from 7:00pm to 8:30pm with co-facilitators Sally Preston and Bob Dinan. It will run on Wednesdays at 7:00pm weekly for five weeks, ending on March 23. [Sign up for the Book Circle here.](#)

Morning Group: The Racial Justice Arc is excited to be opening a second Book Circle discussing this book, meeting *Wednesdays, March 2, 10:00am - 11:30am, and running five weeks to March 30.* [Sign up here.](#)

With Black History Month coming in February, this is a great time to commit/recommit to personal growth, reflection, and anti-racism work. UUA President Susan Frederick-Gray penned a [great article](#) on this recently.

Questions? Reach out to RacialJusticeArc@uuaa.org.



Green Corner: Overwhelmed by Climate Change?

Take action: Experts say the best way to alleviate climate anxiety is to DO something. Whether your action is big or small, it can help mitigate the problem, and you'll be part of the solution.

Decide on an action: Consider making a small change in your daily life, such as switching from paper towels and napkins to cloth. This will save trees, reduce greenhouse gases emitted in making the paper products and transporting them to stores, and keep the paper out of landfills.



Afghan Resettlement Support

UUA Immigration Action Coalition is working with Jewish Family Services (JFS) to co-sponsor a displaced Afghan individual or family and resettle them here in our community. UUA volunteers will support them by helping find housing, healthcare, employment, education resources, transportation, etc. and by partially financing their living expenses for some time. Join in welcoming and supporting the family.

Sign up to [volunteer here.](#)

Donate on Realm with the Afghan Resettlement Fund tab [here](#).



We Need You

As we transition to a much smaller staff team, we need some extra help. Would you consider helping in one of the following areas:

Sunday Building Attendant (12:30pm - 2:00pm on select Sundays) - Help with light tasks as needed and then lock up the building. [Sign up here](#).

Livestream Chat Hosts (one hour on occasional Sundays) - Greet people and monitor the chat during online worship services. [Sign up here](#).

Administrative Help (flexible scheduling and time commitment) - We have a wide variety of administrative jobs suited to any skill level/expertise. Send your interests and availability to Rev. Cassandra at cassandra@uuaa.org.

Links

[Reserve a Zoom room](#) | [View past services](#)
[Log in to Realm](#) | [Make your pledge](#)



UUA.org | MidAmericaUUA.org
[Side with Love](#) | [UUCSJ](#) | [DRUUMM](#) | [BLUU](#)

Contact Us

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