

Where to find recipes for the Meatless Monday Challenge

Mealime-Meal Planning App for Healthy Eating

<https://www.mealime.com/>

Mealime's meal planning app helps time-strapped busy professionals learn to cook, eat healthy, and save time with personalized and healthy meal plans.

There is a free version of the app (make sure to select the vegetarian option; vegan options are not available yet).

Meatless Monday website has vegetarian and vegan recipes

<http://www.meatlessmonday.com/favorite-recipes/>

Oh She Glows website (vegan recipes)

<http://ohsheglows.com/categories/recipes-2/>

You can also purchase the app for \$1.99.

Physician's Committee for Responsible Medicine (PCRM) website has vegan recipes

(<http://www.pcrm.org/solr/recipes>)

UUAA website (vegan and vegetarian recipes)

<http://www.uuaa.org/index.php/social-justice/faith-in-action/locavores-a-mindful-eating/locavores-recipes>

Veggiecation website has kid-friendly recipes. The majority of the recipes are plant-based, because they are pro-vegetables.

<http://www.veggiecation.com/recipe-of-the-month.html>